

# Holy Communion

## The Great Thanksgiving

### Word and Table II ♦ For Sundays in Lent - B

Adapted from: *The United Methodist Book of Worship*

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The Lord be with you.

**And also with you.**

Lift up your hearts.

**We lift them up to the Lord.**

Let us give thanks to the Lord our God.

**It is right to give our thanks and praise.**

It is right, and a good and joyful thing, always and everywhere to give thanks to you, Almighty God, creator of heaven and earth. You brought all things into being and called them good. From the dust of the earth you formed us into your image and breathed into us the breath of life. When we turned away and our love failed, your love remained steadfast. And so, with your people on earth and all the company of heaven, we praise your name and join their unending hymn:

**Holy, holy, holy Lord, God of power and might,  
heaven and earth are full of your glory.**

**Hosanna in the highest.**

**Blessed is he who comes in the name of the Lord.**

**Hosanna in the highest.**

Holy are you, and blessed is your Son Jesus Christ. When you gave him to save us from our sin, your Spirit led him into the wilderness, where he fasted forty days and forty nights to prepare for his ministry. When he suffered and died on a cross for our sin, you raised him to life, presented him alive to the apostles during forty days, and exalted him to sit at your right hand. By the baptism of his suffering, death, and resurrection you gave birth to your Church, delivered us from slavery to sin and death, and made with us a new covenant by water and the spirit. Now, when we your people prepare for the yearly feast of Easter, you lead us to repentance for sin and the cleansing of our hearts, that during these forty days of Lent we may be gifted and graced to reaffirm the covenant you made with us through Christ Jesus:

Who, on the night in which he gave himself up for us, took bread, gave thanks to you, broke the bread gave it to his disciples, and said: "Take, eat; this is my body which is given for you. Do this in remembrance of me."

When the supper was over, he took the cup, gave thanks to you, gave the cup to his disciples, and said: "Drink from this, all of you; this is my blood of the new covenant, poured out for you and for many for the forgiveness of sins. Do this, as often as you drink it, in remembrance of me."

And so, in remembrance of these your mighty acts in Jesus Christ, we offer ourselves in praise and thanksgiving as a holy and living sacrifice, in union with Christ's offering for us, as we proclaim the mystery of faith:

**Christ has died;  
Christ is risen;  
Christ will come again.**

Pour out your Holy Spirit on us gathered here, and on these gifts of bread and wine. Make them be for us the body and blood of Christ, that we may be for the world the body of Christ, redeemed by his blood. By your Spirit make us one with Christ, one with each other, and one in ministry to all the world, until Christ comes in final victory and we feast at his heavenly banquet.

Through your Son Jesus Christ, with your Holy Spirit in your Holy Church, all honor and glory is yours, Almighty Father, now and forever. **Amen!**

## **Lord's Prayer**

And now, as our savior Christ has taught us, let us pray:

**Our Father, who art in heaven, hallowed be your name, your kingdom come, your will be done on earth as it is in heaven. Give us this day our daily bread. Forgive us our sins, as we forgive those who sin against us. Save us from the time of trial, and deliver us from evil. For the kingdom, the power, and the glory are yours now and forever. Amen.**

## **The Breaking of the Bread**

Because there is one loaf, we, who we are many, are one body; for we all partake of the one loaf. The bread which we break is a sharing in the body of Christ.

And the cup over which we give thanks is a sharing in the blood of Christ.